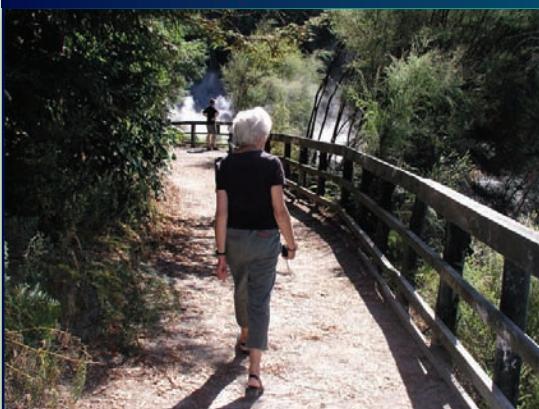




# Choosing a track?

Choose a track to match your skills, fitness, and the experience you want. You must be well prepared with suitable clothing and equipment for all weather and conditions. **Safety is your responsibility!**

## Easy access short walk



DOC: Fiona Colquhoun

- ▶ Easy walking for up to an hour
- ▶ Even surface, well formed with no steps or steep sections
- ▶ Suitable for people of all abilities, wheelchairs, buggies and strollers
- ▶ Streams and rivers are bridged
- ▶ Walking shoes required



## Short walk



Rob Suisted/www.naturespic.com

- ▶ Easy walking for up to an hour
- ▶ Track is well formed, with an even, well drained surface. There may be steps
- ▶ Suitable for people of most ages and fitness levels
- ▶ Streams and rivers are bridged
- ▶ Walking shoes required



## Walking track



DOC: Diana Parr

- ▶ Gentle walking from a few minutes to a day
- ▶ Mostly well formed, some sections may be steep, rough or muddy
- ▶ Suitable for people with low to moderate fitness and abilities.
- ▶ Some tracks suitable for mountain biking
- ▶ Clearly sign posted. Water crossings bridged
- ▶ Walking shoes or light tramping / hiking boots required



## Great Walk/Easy tramping track



DOC: Robert Hawke

- ▶ Comfortable multi-day tramping / hiking
- ▶ Generally well formed, some sections may be rough, muddy or steep
- ▶ Suitable for people with limited backcountry (remote area) experience
- ▶ Some tracks suitable for mountain biking
- ▶ Track has signs, poles or markers. Major water crossings bridged
- ▶ Light tramping / hiking boots required



## Tramping track



Rob Suisted/www.naturespic.com

- ▶ Challenging day or multi-day tramping / hiking
- ▶ Mostly unformed, may be rough and steep
- ▶ Suitable for people with moderate to high level backcountry skills and experience, including navigation and survival
- ▶ Some tracks suitable for mountain biking
- ▶ Track has markers, poles or rock cairns. Expect river crossings
- ▶ Tramping / hiking boots required



## Route



DOC: Diana Parr

- ▶ Challenging overnight tramping / hiking
- ▶ Track unformed and natural, may be rough and very steep
- ▶ Suitable for people with high level backcountry skills and experience, including navigation and survival skills
- ▶ Be completely self sufficient
- ▶ Track has markers, poles or rock cairns. Expect river crossings
- ▶ Sturdy tramping/hiking boots required

